# COLLAGEN INDUCTION THERAPY MICRONEEDLING - MEDICAL HEALTH

Helen Thomas
AESTHETICS
beauty therapy and permanent cosmetics

Name:

Address:

Date of Birth: Occupation:

Home Phone: Work:

Mobile: E Mail

Name of Doctor:

Surgery:

Have you consumed any aspirin, ibuprofen, alcohol in the last 72 hours?

Caffeine in the last 24 hours?

Have you had a dental injection to numb your mouth?

Are you pregnant or breastfeeding?

Do any of the following relate to yourself:

| | | |
|---|---|---|
| Allergies ☐ | Arthritis ☐ | Dermatitis ☐ |
| Blood pressure ☐ | Antidepressants ☐ | Rosacea ☐ |
| Blood thinning ☐ | Epilepsy ☐ | Acne ☐ |
| Bleeding disorders ☐ | Surgery (Cosmetic ) ☐ | Fungal infections ☐ |
| Diabetes ☐ | Keloid scarring ☐ | Steroid therapies ☐ |
| Osteoperosis ☐ | Vitamin C Supplements ☐ | Chronic pain ☐ |
| Irregular menstruation ☐ | Sunbeds ☐ | Healthy sleep patterns ☐ |
| Menopausal ☐ | Major illness ☐ | Surgery ☐ |
| Superfluous hair problem ☐ | Heart condition ☐ | Implants ☐ |
| Polycystic ovaries ☐ | Bruise easily ☐ | Smoker ☐ |
| Psoriasis ☐ | Anaemia ☐ | Units of alcohol per week? ☐ |
| Eczema ☐ | Thyroid disorder ☐ | Caffeine, cups per day? ☐ |
| Hepatitis/HIV/Herpes ☐ | Poor absorption of nutrients ☐ | |
| Lupus/ Vitiligo ☐ | Oral contraception ☐ | |
| Immune system disorders ☐ | Endometriosis ☐ | |

Sunburn history Tanning ability

List any medications or supplements (especially vit C, vit D, Omega 3 & 6)